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### Mengenangabe in Tasse (Cup)

Menge in Tassen	Zutat	Gewicht in Gramm
1 Tasse = 150 ml	Mehl	100 g
1 Tasse = 150 ml	Kristallzucker	150 g
1 Tasse = 150 ml	Kakaopulver	90 g
1 Tasse = 150 ml	Pudertzucker	100 g
1 Tasse = 150 ml	Honig	200 g
1 Tasse = 150 ml	Öl	120 g
1 Tasse = 150 ml	Hartgrieß	150 g
1 Tasse = 150 ml	Reis	150 g
1 Tasse = 150 ml	Konfitüre	200 g
1 Tasse = 150 ml	Milch	150 g
1 Tasse = 150 ml	Sahne	150 g
1 Tasse = 150 ml	Wasser	150 g
1 Tasse = 150 ml	Essig	150 g
1 Tasse = 150 ml	Stärkemehl	90 g
1 Tasse = 150 ml	Nüsse gemahlener	70 g
1 Tasse = 150 ml	Mandeln gemahlener	70 g